



Counseling Hispanics Through Loss, Grief, And Bereavement: A Guide for Mental Health Professionals

Ligia M., MA, FT, FAAGC, CPC Houben

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"Counseling Hispanics through Loss, Grief, and Bereavement is an extremely timely and welcome addition to the literature in thanatology. Counselors will find in it the tools, knowledge, and insights to respond to a growing and diverse Hispanic community as individuals cope with loss and grief."

From the Foreword by **Kenneth J. Doka**, PhD
Professor, The College of New Rochelle
Senior Consultant, The Hospice Foundation of America


Hispanics, the fastest growing minority population in the United States, are increasingly willing to seek mental health counseling, creating a critical need for counselors to understand the values and traditions of Hispanic culture. This book examines these values and traditions and their impact on the ways in which this population copes with loss, grief, and bereavement across the life span.

The book addresses the unique losses that may be faced by Hispanics, particularly newcomers who must adapt to a different language and unfamiliar customs. It focuses on such important cultural considerations as styles of verbal and nonverbal communication, personal space, social organization, environmental control factors, and the significance of gender. Competency-based models and Latino-specific counseling frameworks are integrated into the text, along with the historical and political context from which they arise. Numerous practical recommendations for improving quality of care are provided, with specific attention given to the great diversity of cultures within the Hispanic population, and the need for counselors to take these variations into consideration.

Key Features:

- Facilitates understanding of Hispanic values and traditions to promote more sensitive and effective treatment
- Provides exercises to help therapists evaluate their own knowledge and awareness of particular Hispanic cultures
- Addresses factors that may impede a successful therapeutic relationship
- Presents specific techniques for building trust with Hispanic clients
- Includes illustrative case studies throughout the text

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From reader reviews:

Eugene Obrien:

Why? Because this Counseling Hispanics Through Loss, Grief, And Bereavement: A Guide for Mental Health Professionals is an extraordinary book that the inside of the guide waiting for you to snap the idea but latter it will distress you with the secret that inside. Reading this book close to it was fantastic author who else write the book in such incredible way makes the content within easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you for not hesitating having this any longer or you going to regret it. This amazing book will give you a lot of gains than the other book include such as help improving your ability and your critical thinking technique. So , still want to hesitate having that book? If I had been you I will go to the reserve store hurriedly.

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James Koenig:

In this period of time globalization it is important to someone to receive information. The information will make you to definitely understand the condition of the world. The fitness of the world makes the information much easier to share. You can find a lot of referrals to get information example: internet, newspapers, book, and soon. You will observe that now, a lot of publisher this print many kinds of book. The actual book that recommended to you personally is Counseling Hispanics Through Loss, Grief, And Bereavement: A Guide

for Mental Health Professionals this guide consist a lot of the information on the condition of this world now. This particular book was represented just how can the world has grown up. The vocabulary styles that writer require to explain it is easy to understand. Often the writer made some analysis when he makes this book. That is why this book suitable all of you.

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