



# Manual de fisioterapia en Traumatología (Spanish Edition)

*Esther Díaz Mohedo*

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**Manual de fisioterapia en Traumatología (Spanish Edition)** Esther Díaz Mohedo

- **Guía en el aprendizaje y el afianzamiento de los conocimientos básicos para el abordaje preventivo y terapéutico de pacientes con disfunciones del aparato locomotor vinculadas a causas traumáticas.**
- **El análisis anatomobiomecánico y patológico marca los objetivos fisioterápicos y la elección de las técnicas** fisioterápicas adecuadas en cada una de las patologías, ya que no existe un único camino hacia el planteamiento exitoso.
- El texto **desarrolla los diferentes procesos patológicos** de forma general (fracturas, luxaciones, lesiones ligamentosas, tendinopatías, etc.), matizando el **tratamiento fisioterapéutico en función de la localización** (hombro, codo, mano, etc.) y con el respaldo de la **evidencia científica** al respecto, lo que se considera una importante y novedosa aportación.
- Este manual, dirigido a alumnos de Fisioterapia y Fisioterapeutas noveles que ejerzan su labor asistencial en el campo de la Traumatología:
  - Facilita el **aprendizaje autónomo** del alumno.
  - **Integra conocimientos** previos con la incorporación de nuevos conceptos.
  - **Invita a la reflexión** a la vez que ofrece explicaciones concretas.
  - Está **ordenado por técnicas** y resulta fácil de consultar.
  - Es una herramienta útil y un **punto de partida para el desarrollo de técnicas más complejas.**

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