



# **The Secret of Reflexology : Reflexology Your feet are the mirror of your health**

*Yavuz Dinler*

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Every human, every organ has a vein system and a capillary vessels system, that is meridian system. Reflex only includes meridian nerve system. Capillary vessels reach until feet and hands in humans. They carry blood to specific points on feet and they pump out blood there, and this system works like this for a healthy person. They serve as a bypass in hands.

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