



# Lighten Up! Finding Real Joy in Life

*Chieko N. Okazaki*

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## **Lighten Up! Finding Real Joy in Life** Chieko N. Okazaki

Lighten Up! brings Sister Okazaki's fresh perspective and sparkling personality from the podium to the page. Each chapter is filled with insights. Sister Okazaki's straightforward, practical, and cheerful view of life has brought strength to people all over the world. A leader with both feet firmly on the ground and a twinkle in her eye, she believes without equivocation that the gospel is good news.

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