



The Big Red Book of Tomatoes

Lindsey Bareham

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Ever been confronted by a couple of unpromising-looking tomatoes and some of yesterday's bread, with nothing else for supper? In *The Big Red Book of Tomatoes*, Lindsey Bareham will turn them into a delectable dinner for one. And, if you are a gardener, next time you are stuck with a load of tomatoes that won't ripen, why not try Lindsey's mouthwatering green tomato tart with zabaglione cream? In this lively, inspirational book, with a stunning collection of over 400 recipes, the fruit we like to eat as a vegetable is given the star treatment. There are salsas from Mexico, curries from India, Arab tagines, pizzas from Italy and chutneys from the British Isles. If you want to know how to make the ultimate Bloody Mary, then this is the book for you. There are innovative dishes such as Tomato Tarte Tatin, Golden Tomato Lasagna with Basil and Vine Tomatoes, classics such as Stuffed Tomatoes, Insalata Tricolore as well as the more unusual Shaker Tomato Cream Pie, and of course pasta in every guise. Lindsey explores in depth the tomato's affinity with eggs, bread and pasta, in salads, sauces, with meat and fish. Some recipes take ten minutes to cook, most take less than thirty, and others need a couple of hours of slow simmering on the back burner while you get on with something else. *The Big Red Book of Tomatoes* is an invaluable addition to every cook's bookshelf.

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Grace Godwin:

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