



Practically Green: Your Guide to Ecofriendly Decision-Making

Micaela Preston

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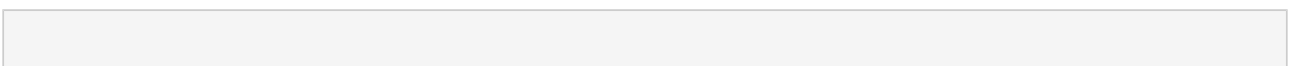
Simple steps for sustainable living

Creating a green and healthy home might seem like an overwhelming task at times. *Practically Green* takes the practical approach to mindful living: Start small and go from there. Author Micaela Preston takes the guesswork out of green living by helping you make smart, healthy choices for your family without spending tedious hours researching the pros and cons of all the products available on the market today.

In *Practically Green* you'll find:

- Simple copy-and-clip guides that make it easy to buy smart
- At-a-glance charts and lists that break down complicated information in an easy-to-understand manner
- 30+ DIY projects and ideas for making-it-green yourself, including instructions for making all-natural body care products, simple sewing projects and much more
- Healthy, tasty recipes to please kids and adults alike, ideas for packing greener lunches plus tips and tricks for replacing packaged convenience snacks with home-made versions

Let *Practically Green* guide you to a greener life!



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