



An Anthropological Journey into Well-Being: Insights from Bolivia (SpringerBriefs in Well- Being and Quality of Life Research)

Melania Calestani

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This volume is a unique contribution to the exploration of a new perspective in the study of well-being, which tries to overcome the quantification bias by creating an account of 'the good life' in a specific place. Rather than numbers, this research focuses on local narratives, emphasising the urgent need to include a wider range of methodological approaches when engaging with well-being.

The volume demonstrates through the Bolivian case study the value of qualitative research for well-being studies. It shows the potential to integrate predominant quantitative data with qualitative outcomes, such as those emerging through ethnography. It is aimed at academics, researchers and students in well-being/quality of life studies, as well as audiences in the non-profit, governmental and policy in the non-profit, governmental and policy sectors. The book provides new perspectives in achieving better indicators of well-being and quality-of-life.

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