



# You Matter: 7 Practices of Living a Life of Purpose

*Melvin Miller, Frederica Baldan*

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“You matter.” It’s a simple statement, but few people truly recognize the gifts they possess. You Matter is an original audio that helps everyone realize why they matter. Reverend Melvin Miller and Federica Baldan use seven practices that call people to put their faith—any faith!—into action as they coach listeners to uncover the road blocks in our way and help us live a life with purpose. Why do we make the same mistakes in our personal and professional lives; why do we close off our hearts when it matters most? The path to discovery is in this book. You Matter encourages us to pursue our heartfelt dreams and goals with an understanding that the fulfillment of those goals is possible—right now.

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